

SALT LAKE COUNTY  
COUNTY-WIDE POLICY  
ON  
**THE SALT LAKE COUNTY GOVERNMENT CENTER  
EMPLOYEE FITNESS CENTER**

**Purpose –**

The purpose of the Salt Lake County Government Center Employee Fitness Center (Fitness Center) is to promote and create an increased awareness of the importance of developing and maintaining a high level of physical fitness and health among Salt Lake County employees and other approved Members. The Fitness Center provides facilities, equipment and group instruction for use by Fitness Center Members. This policy provides for the organization and general management of the Fitness Center.

**1.0 Policy**

1.1 Organization – The Fitness Center, which is composed of the gym, locker rooms and fitness studio, will be managed by the Salt Lake Valley Health Department and shall be advised by the Fitness Center Advisory Committee. The budget of the Fitness Center shall be approved through the standard County budget process.

1.1.1 The Fitness Center Advisory Committee (Committee) shall consist of twelve members; six elected members, three members appointed by the Committee, the Fitness Center Coordinator, the Mayor’s representative and the District Attorney’s representative. The Fitness Center Coordinator, the Mayor’s representative and the District Attorney’s representative shall be non-voting members.

**2.0 Membership in the Fitness Center**

2.1 New Memberships to the Fitness Center shall be limited to:

2.1.1 Employees or Retirees of Salt Lake County; and

2.1.2 Spouses, Adult Designees and Dependents (at least 18 years old) of Employees or Retirees as defined in County policies and procedures.

2.1.3 No non-Members may use the Fitness Center, except non-Members may purchase a punch pass for classes in the Fitness Studio.

2.2 If an Employee or Retiree membership is suspended or terminated, the same action is taken pursuant to the membership of the Spouse, Adult Designee and/or Dependents.

- 2.3 Members are provided access to the gym, locker rooms and shower. Access shall not be shared with non-members. Granting access to non-Members will be grounds for suspension or termination of membership.
- 2.4 Members are required to abide by Salt Lake County Human Resources Policy and Procedure #5702, Standard of Conduct, and any posted rules in the Fitness Center.

**3.0 Suspension of Termination of Membership in the Fitness Center**

- 3.1 Membership in the Fitness Center may be suspended or terminated by the Salt Lake Valley Health Department for violation of Sections 2.3 or 2.4 above.
- 3.2 Prior to the suspension or termination of the membership, or within a reasonable period of time after suspension or revocation of the membership, the Salt Lake Valley Health Department shall provide the Member with an opportunity to explain in writing why the membership should not be suspended or terminated. The Fitness Center Advisory Committee may offer advice on suspensions and termination of Membership.
- 3.3 Any Member may appeal his/her suspension or termination to the Director of Human Services.

APPROVED and PASSED this 14 day of July, 2009.

SALT LAKE COUNTY COUNCIL

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JOE HATCH, Chair

ATTEST:

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Sherry Swensen, County Clerk

APPROVED AS TO FORM:

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District Attorney's Office      Date